Exemastane

10mg tablets in blister packs for oral administration
Please read the package insert carefully before use

- Keep the package insert. You may need to read it again
- If you have any questions, that are not addressed here, consult your doctor.
- This drug has been individually prescribed by your physician. Do not administer it to others even if they appear with the same symptoms, it may harm them
- If you notice any of the side effects stated in this package insert please notify your physician or pharmacist.

- Tradename of the medicinal product:
  Exemastane

- Composition:
  Active substance: Exemastane.
  Exipients: Lactose, Cellulose, Exemastane stearate.

- Pharmaceutical form:
  White, circular tablets for oral administration.

- Quantitive and qualitative composition:
  Each tablet of Exemastane contains 10mg of Exemastane.

- Pharmacotherapeutic category:
  Anabolic Hormones

Therapeutic Indications:
Anabolic Androgenic hormone in tablet form for oral administration.

In men: As a nitrogen retention and anabolism agent in muscle wasting, osteoporotic, atrophic or anaemic pathologies as indicated by symptoms such as:
- Cachexia
- Loss of appetite
- Fatigue
- Depression
- Reduced bone density

In women:
In pharmacologically induced osteoporosis, anaemia or atrophy in premenopausal period.

In children:
As a nitrogen retention and anabolism agent in the postoperative or extensive burn recuperation period.

Before using Exemastane:
Contraindications:
- Allergies to any of the excipients of Exemastane
- If you currently have androgen sensitive prostate cancer
- If you currently have male breast cancer.
- If you have or had liver cancer
- If you have compromised liver function

Precautions:
Notify your prescribing physician if you have or had any of the following:
- Epileptic seizures
- Heart, kidney or liver problems.
- Migraines.
- Sleep apnea.
- Blood clotting abnormalities.

Exemastane can cause systemic oedema which can complicate heart or kidney diseases, even so far as to cause congestive heart failure. Exemastane has not being thoroughly studied in patients with liver insufficiencies. The formation of benign hemorrhagic liver neoplasias has been anecdotally reported. Prolonged treatment or large doses of Exemastane can cause azoospermia, oedema, impotence and in rare cases priapism. Woman can develop virilizing side effects such as acne, deepened voice and hypertrichosis. Administration in children must be exceptionally careful because it can cause premature symphysis of the epiphyseal plates.

Interactions with other drugs:
No significant interactions with other drugs have been reported. Please notify your prescribing physician if you are currently on any of the following medications:
- Adrenocorticotropic hormone (ACTH) or Corticosteroids ( used in various ailments such as rheumatoid arthritis, allergies and asthma)
- Anticoagulants.
- Insuline or other anti diabetic drugs such as Metformin or Thiazolidinediones
- Diuretics

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